

## Cafe mocha



Recipe credit

[United States Department of Agriculture, USDA'S Collection of Nonfat Dry Milk \(NDM\) Recipes](#)

## About this recipe

Serves

2

Serving size

1/2 of recipe

## Ingredients

- 1/3 cup milk (non-fat, dry)
- 1 cup water
- 1 cup coffee (brewed)
- 4 tablespoons hot chocolate mix
- whipped topping (non-fat, optional)
- cinnamon (optional)

## Directions

1. Heat reconstituted non-fat dried milk in saucepan until warm; do not boil.
2. Add coffee and hot chocolate mix. Stir well and heat to desired temperature.
3. Divide coffee mixture between two mugs. Top with non-fat whipped topping and cinnamon, if desired.

## Tips and variations

You can substitute 1 cup skim milk for the reconstituted non-fat dried milk.

## Nutritional info

Calories

155

Total fat

1 g

Saturated fat

1 g

Cholesterol

2 mg

Sodium

212 mg

Total carbohydrates

30 g

Dietary fiber

1 g

Protein

6 g

Total sugar

25 g

Allergens

Dairy

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