

Chicken salad



Recipe credit

University of Minnesota Extension Department of Family, Health and Wellbeing

[Ver esta receta en español](#)

About this recipe

Serves

1

Time to make

5 minutes preparation

Special criteria

[Summer meals in a SNAP](#)

Ingredients

- 1/2 of a 5-ounce can or 1/4 cup shredded chicken
- 2 Tablespoons minced onion or 1/2 teaspoon onion powder
- Optional: 1 stalk celery, minced
- 1-2 Tablespoons mayonnaise
- Salt and pepper to taste

Directions

1. In 2-cup bowl, mix together the chicken and mayonnaise. Add vegetables, if desired. Mix well and season to taste.
2. Spread on bread for a sandwich or spoon on top of a bed of leafy greens.
3. Refrigerate leftovers.

Tips and variations

- Flavor boost: Sprinkle with dried cranberries or chopped nuts.

Recipe video

Nutritional info

There is no nutritional information available at this time.

View other recipe categories

- [Beverages](#)
- [Breads](#)
- [Breakfast](#)

- [Main dishes](#)
- [Salads](#)
- [Seasonings and salsa](#)
- [Side dishes](#)
- [Snacks and sweets](#)
- [Soups](#)

You may also like

